

LEEPYCROFT

# GLOSS AND A GLASS

Online makeup and relaxation classes

*The joy of makeup a celebration of YOU*

Come and Join me...

by Lee Pycroft  
Makeup Artist & Psychotherapist

Do you feel in need of a refresh to your image and  
a feel-good boost to your wellbeing- after  
lockdown?

Some time to celebrate and nourish those parts of  
yourself that sometimes get forgotten or  
undervalued, all while having a load of fun with a  
like minded group of women?

Join me for a 60 min zoom class that will:

Boost your makeup skills and YOU!

Expand your makeup know how while you  
experiment with me guiding you!

Get some practical product info and insider tips.

Learn about products not affiliated with one  
brand.

(I will send a list of products needed and we will all work together)

Once our makeup is polished and your questions answered we will take a few minutes to breathe in a sense of calm and I will guide you through a process of capturing a feeling of gratitude and appreciation for where we are today.

We will finish with raising a glass to each other!

Leave feeling uplifted, glossed up and celebrated!

Bring an open mind and a playful heart and of course -a glass of your favourite refreshment.

It will be fun - promise!

25.00 per person. Max 6 people

A bit about me.

As a makeup artist I have worked with a diverse range of people from A list talent to those in the vulnerable sectors. I have used makeup to enhance a person's apperance and as a form of self-care, fun and connection.

Here are a few titles I have been featured in.

VOGUE

GET THE GLOSS

YOU  
MAGAZINE

marie claire

Red

Daily Mail

Good Housekeeping

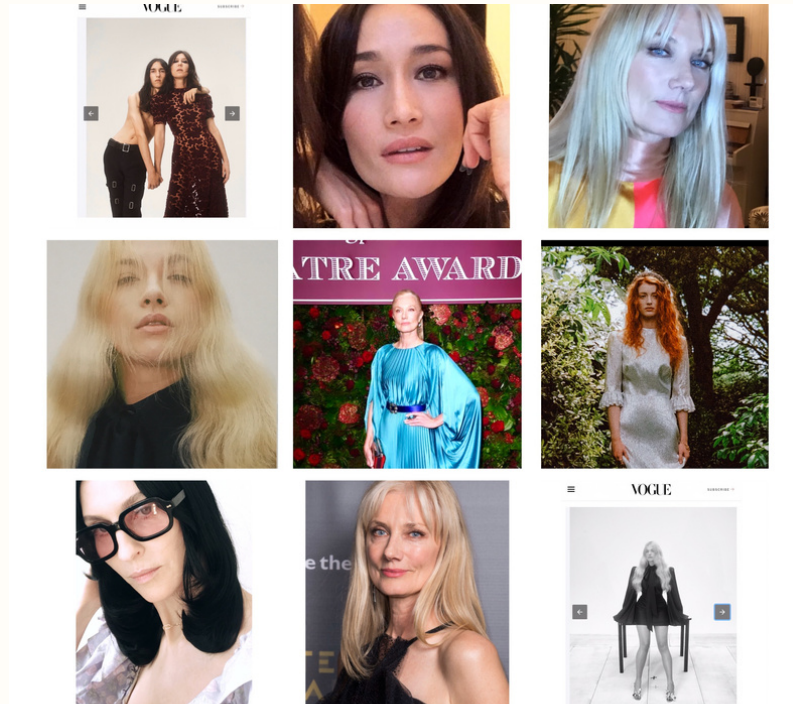
health  
& beauty

SHEERLUXE

Here is a snap shot of some work highlighting how makeup can be used as a tool for wellbeing.



# Some magazine and red carpet work



# My in person events





I also run a private therapy practise and you can see my credentials below.



Testimonials from past clients.

“ I feel the work Lee is doing - integrating beauty and emotional self care - is so valuable and contributes to the wellbeing of others by sending out a message that highlights beauty from the inside out.”

ELLE MACPHERSON WELLECO | CO FOUNDER

What a fab night... thank you  
So much for such a lovely evening, Lee for  
being an inspiration... today I shall be mostly  
dewy and illuminating...

Such a great  
workshop. Learnt soooo much.  
Some real game changers actually.  
Thank you soooo much. 🥰

What a wonderful evening!! 💖 Love love loved it! For me, the stress of losing my husband recently has definitely taking its toll on me, both physically & emotionally so this was just what I needed! It was such an uplifting & fun evening. It was also an absolute pleasure to meet you. Your warmth put everyone at ease & your wealth of knowledge was second to none!! The time seemed to pass so quickly. I could have spent hours more chatting & we definitely all picked up some invaluable hints & tips! Thanks once again & hopefully we can do it all over again in the near future! 💖 Xxx

# Testimonials.

"A bit of celebrity chat, an insightful look at the role of makeup rituals in channeling our emotions and a room full of women chatting, laughing and complimenting each other. A little virtual stroking for the soul"

"A wonderful evening. Lee was an inspiration and I felt glowing inside and out"

"Stellar makeup tips and tools for emotional balance and Loads of laughter too- Loved it!"

"Brilliant event Lee! Absolutely loved your approach and insight to life and beauty. It was lovely to spend time with such a heartwarming group of beautiful women-Thank you!"

"What a fun and informative workshop! I enjoyed meeting the other women and learning about the best buys. Lee's manner is so warm and caring and it's amazing what a few tweaks in makeup can make.- I left feeling fabulous!"

# Testimonials.

"Thank you Lee, I so enjoyed that! Feel like I got so many tips and my friend said the same. Loved the meditation too. You are cool and inspiring!"

"Thank you so much! I felt so relaxed at the end of the session- I had some tears of joy."

"The time went sooo quickly I haven't worn much makeup over lockdown and it was just the re-boot I needed."

I had such a good time connecting with myself and others and loved the breathing and gratitude too.

"Thank you you so much Lee. I really enjoyed it. I've learnt loads about my eye shape and the best way to apply makeup. You have really helped me. I have had compliments from my daughters and husband too! Thanks again."